

## **Złożona jaźń: Perspektywy empiryczne i teoretyczne**

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### **The Complex Self: Empirical and theoretical perspectives**

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#### **Abstract:**

I have throughout this paper emphasized the complexity of the self. This complexity necessitates interdisciplinary collaboration; collaboration across the divide between theoretical analysis and empirical investigation. To think that a single discipline, be it philosophy or neuroscience, should have a monopoly on the investigation of self is merely an expression of both arrogance and ignorance.

**Keywords:** Al Bahari, complexity, Husserl, interpersonal, Metzinger, neuroscience, self, self-experience.