



Pamięć kinestetyczna

Kinesthetic Memory

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Abstract:

This paper attempts to elucidate the nature of kinesthetic memory, demonstrate its centrality to everyday human movement, and thereby promote fresh cognitive and phenomenological understandings of movement in everyday life. Prominent topics in this undertaking include kinesthesia, dynamics, and habit. The endeavor has both a critical and constructive dimension.

Keywords: body, experience, kinesthetic, memory, motor.